

MINISTRY OF GENERAL EDUCATION

PROVINCIAL COMMON SCHEMES OF WORK- NORTHERN

DEPARTMENT OF HOME ECONOMICS AND HOSPITALITY

**GRADE 9 HOME MANAGEMENT- TERM I**

SCHOOL:.....NAME OF THE TEACHER:.....TSNUMBER .....

WEEK	TOPIC/CONTENT	SPECIFIC OUTCOMES:LSBAT	METHOD	REFERENCE	HOD-COMMENTS
1	CONVINIENCE FOODS - Convenience foods	<ul style="list-style-type: none"><li>- Define convenience foods</li><li>- Identify types of convenience foods</li><li>- State advantages and disadvantages of convenience foods</li><li>- Discuss the nutritive value of convenience foods</li><li>- Discuss uses of convenience foods</li></ul>	<ul style="list-style-type: none"><li>- Question and Answer</li><li>- Discuss</li><li>- demonstration</li></ul>	JS HE pg52-57grade 9	
2	MEAL PLAINNING - meal for vegetarians - packed meals	<ul style="list-style-type: none"><li>- define vegetarian</li><li>- discuss types of vegetarian</li><li>- state reasons for being vegetarian</li><li>- prepare and cook mixed diet for vegetarians</li><li>- define packed meals</li></ul>	<ul style="list-style-type: none"><li>- Question and Answer</li><li>- Demonstration</li><li>- Discuss</li></ul>	JSHE pg229-231 grade 8	

	TEST ONE	<ul style="list-style-type: none"> <li>- state rules for packed meals</li> <li>- identify types of packed meals</li> <li>- prepare packed meals</li> </ul>			
3	<b>COOKING</b> <ul style="list-style-type: none"> <li>- Local dishes</li> </ul>	<ul style="list-style-type: none"> <li>- Define local dishes</li> <li>- Identify local foods</li> <li>- Prepare and cook local foods</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> </ul>	JS HE	
4	<b>THE KITCHEN</b> <ul style="list-style-type: none"> <li>- Types of kitchen</li> <li>- Cleaning the kitchen</li> </ul>	-	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Discuss</li> </ul>	JSHE grade 8	
5	<b>LAUNDRY</b> <ul style="list-style-type: none"> <li>- Laundry processes</li> </ul>	<ul style="list-style-type: none"> <li>- Define laundry</li> <li>- Discuss laundry equipment and cleaning agents</li> <li>- Explain laundry methods</li> <li>- Discuss choice of laundry agents</li> <li>- Launder different fabrics</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	JSHE grade 8	
6	<b>CONSUMER EDUCATION</b> <ul style="list-style-type: none"> <li>- Consumer needs</li> </ul> <b>HOSPITALITY</b> <ul style="list-style-type: none"> <li>- Customer care</li> </ul> <b>WEEKLY TEST</b>	<ul style="list-style-type: none"> <li>- Discuss consumer needs</li> <li>- Identify types of goals</li> <li>- Discuss resources to achieve goals</li> <li>- Explain consumer rights</li> <li>- Discuss ways of buying items</li> <li>- Make a shopping list</li> <li>- Practice consumer care</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	Teacher's own notes  HEH MODULE 2 pg 51-53-	
7	<b>SAFETY</b>	<ul style="list-style-type: none"> <li>- Treat common accidents</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> </ul>	AJS G8 pg 125-130	

	<ul style="list-style-type: none"> <li>- Accidents in the home/school</li> </ul>	<ul style="list-style-type: none"> <li>- Discuss ways to prevent common accidents</li> </ul>	<ul style="list-style-type: none"> <li>- Demonstration</li> <li>- Practical</li> </ul>	HEH MODULE 2 pg2	
8	<p><b>CHILD GROWTH AND DEVELOPMENT</b></p> <ul style="list-style-type: none"> <li>- Breast feeding</li> <li>- Weaning</li> <li>- Bathing the baby</li> </ul> <p><b>MONTHLY TEST</b></p>	<ul style="list-style-type: none"> <li>- Define breast feeding</li> <li>- Advantages and disadvantages of breast feeding</li> <li>- Discuss reasons why some mothers do not breast feed</li> <li>- Define weaning</li> <li>- Describe the process of weaning</li> <li>- Discuss bathing and dressing the baby</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> </ul> <p>Practical</p>		
9	<ul style="list-style-type: none"> <li>- Care of infants and young children</li> <li>- Child development</li> <li>- Toys</li> </ul>	<ul style="list-style-type: none"> <li>- Describe good habits and manners</li> <li>- Describe stages and areas of growth and development</li> <li>- Describe how children learn from family members</li> <li>- Make different toys</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	<ul style="list-style-type: none"> <li>- Teacher's own resources</li> </ul>	
10	<p><b>PARENTHOOD</b></p> <ul style="list-style-type: none"> <li>- Parental care</li> <li>- Family planning</li> </ul>	<ul style="list-style-type: none"> <li>- Compare and contrast traditional and modern roles of parents</li> <li>- Describe the influence of family members on the size of the family</li> <li>- Define family planning</li> <li>- Explain methods of child spacing</li> <li>- State the effects of unplanned pregnancies</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	<ul style="list-style-type: none"> <li>- Teacher's own resources</li> </ul>	

	WEEKLY TEST	<ul style="list-style-type: none"> <li>- State reasons for family planning</li> </ul>			
11	CHILDREN HEALTH CARE <ul style="list-style-type: none"> <li>- Children clinic</li> </ul>	<ul style="list-style-type: none"> <li>- Describe activities which take place at the children clinic</li> <li>- Identify various diseases which are immunized against</li> <li>- Discuss children ailments</li> <li>- Make a simple treatment for a child with diarrhoea</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	<ul style="list-style-type: none"> <li>- Teacher's own resources</li> </ul>	
12 And 13	END OF TERM TEST		-		

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**PROVINCIAL COMMON SCHEMES OF WORK- NORTHERN**

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**GRADE 9 HOME MANAGEMENT- TERM 2**

SCHOOL:.....NAME OF THE TEACHER:.....TSNUMBER .....

WEEK	TOPIC/CONTENT	SPECIFIC OUTCOMES:LSBAT	METHOD	REFERENCE	HOD-COMMENTS
1	<p>TIME MANAGEMENT</p> <ul style="list-style-type: none"> <li>- time plan</li> </ul>	<ul style="list-style-type: none"> <li>- Discuss aspects of time plan</li> <li>- Draw a time plan</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Discuss</li> <li>- demonstrarion</li> </ul>	JSHE pg65-75 grade 8	
2	<p>CARE OF THE HOME</p> <ul style="list-style-type: none"> <li>- Household care</li> <li>- Walls and floors</li> </ul> <p>WEEKLY TEST ONE</p>	<ul style="list-style-type: none"> <li>- Define household ware</li> <li>- Discuss how to care and clean household ware</li> <li>- Discuss walls and floors</li> <li>- Clean different types of walls and floors</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Discuss</li> </ul>	JSHE pg229-231 grade 8	
3	<p>HOME DECORATION</p> <ul style="list-style-type: none"> <li>- Soft furnishing and upholstery</li> <li>- Ornaments and art objects</li> <li>- Flower arrangement</li> </ul>	<ul style="list-style-type: none"> <li>- Define soft furnishing and upholstery</li> <li>- Discuss factors to consider when choosing soft furnishings</li> <li>- Explain how to design soft furnishings and upholstery</li> <li>- Wash how to design soft furnishings and upholstery</li> <li>- Define ornaments and art objects</li> <li>- Discuss ornaments and art objects</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> </ul>	JSHE pg	

		<ul style="list-style-type: none"> <li>- State factors to consider when choosing ornaments and art objects</li> <li>- Arrange ornaments artificially</li> <li>- Discuss rules for arranging flowers</li> <li>- State reasons for arranging flowers</li> <li>- Arrange flowers</li> </ul>			
4	<p>FLOUR MIXTURES AND RAISING AGENTS</p> <ul style="list-style-type: none"> <li>- Meal and flour mixtures</li> <li>- Baking powder and Air</li> </ul> <p>MONTHLY TEST</p>	<ul style="list-style-type: none"> <li>- Discuss the use of flour mixtures</li> <li>- Prepare different dishes using flour</li> <li>- Prepare different dishes using baking power as a raising agent</li> <li>- Cook various dishes using air as a raising agent</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Discuss</li> </ul>	JSHE pg104-109 grade 8	
5	<p>STOCKS AND SOUPS</p> <ul style="list-style-type: none"> <li>- Stock and soups</li> </ul> <p>GARDENING</p>	<ul style="list-style-type: none"> <li>- Define stock and soup</li> <li>- Discuss types of soup</li> <li>- Discuss rules for soup and stock</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical Question and Answer</li> </ul>	JSHE pg 111-114 grade 8	

	<ul style="list-style-type: none"> <li>- Kitchen garden</li> </ul>	<ul style="list-style-type: none"> <li>- Explain accompaniment for soups</li> </ul> <p>Discuss kitchen garden maintenance</p>	<ul style="list-style-type: none"> <li>- Demonstration</li> <li>- Practical</li> </ul>		
6	<p>LAUNDRY</p> <ul style="list-style-type: none"> <li>- Family wash</li> </ul> <p>WEEKLY TEST TWO</p>	<ul style="list-style-type: none"> <li>- Explain family wash</li> <li>- Launder different articles and garments</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	Teacher's own notes	
7	<p>SAFE LIFE STYLES</p> <ul style="list-style-type: none"> <li>- Privacy and body integrity</li> <li>- Protecting one's privacy</li> </ul>	<ul style="list-style-type: none"> <li>- Discuss privacy and body integrity</li> <li>- Explain ways of protecting ones privacy</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	Teacher's own notes	
8	<p>MAINTENANCE OF CLOTHING</p> <ul style="list-style-type: none"> <li>- Mending clothes</li> </ul> <p>MONTHLY TEST</p>	<ul style="list-style-type: none"> <li>- Discuss the general rules for the care of clothes</li> <li>- Explain daily care and storage</li> <li>- Discuss mending and patching</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	Teachers own resources	
9	<p>DYEING</p> <ul style="list-style-type: none"> <li>- Methods of dyeing</li> </ul>	<ul style="list-style-type: none"> <li>- Define dyeing</li> <li>- Discuss types of dyes</li> <li>- Explain artificial and commercial types of dyes</li> </ul>	<ul style="list-style-type: none"> <li>- Question and Answer</li> <li>- Demonstration</li> <li>- Practical</li> </ul>	HEH MODULE Home Management	

